

PE Scope and Sequence

Pre- K – 1st Grades

(Boys and Girls)

1st semester

This year, Pre-k - 1st grade students will be participating in various skills such as catching, throwing, bouncing, shooting, kicking, rolling, physical fitness and sportsmanship.

The following is a list of activities for the first semester:

Week 1 and 2	Listening Skills, Organizational Games
Week 3 and 4	Locomotor Skills
Week 5 and 6	Ball Skills
Week 7 and 8	Noodle Games
Week 9 and 10	Relay Activities
Week 11 and 12	Scooter Activities
Week 13 and 14	Parachute / Jump Ropes
Week 15 and 16	Dodging, Fleeing, Chasing Activities
Week 17 and 18	Bean Bag Activities

