

# PE Scope and Sequence

2<sup>nd</sup> & 3<sup>rd</sup> Grade

(Boys and Girls)

1<sup>st</sup> Semester



Our 2<sup>nd</sup> and 3<sup>rd</sup> grade students will be working on activities that will improve their motor skills and physical fitness levels. These activities will include: throwing and catching, dribbling, improving footwork, learning rules and skills of various games while emphasizing good sportsmanship. Many of these activities will help develop the skills that may be used by each child as he or she begins playing sports on a competitive basis.

## Boys

Week 1 & 2 Newcomb

Week 3 & 4 Soccer Skills

Week 5 & 6 Ball Skills

Week 7 & 8 Ultimate Frisbee

Week 9 & 10 Parachute Activities

Week 11 & 12 Noodle Games

Week 13 & 14 Basketball skills

Week 15 & 16 Relay Games

Week 17 & 18 Scooter Activities

## Girls

Week 1 & 2 Soccer Skills

Week 2 & 3 Newcomb

Week 4 & 5 Ball Skills

Week 7 & 8 Parachute Activities

Week 9 & 10 Ultimate Frisbee

Week 11 & 12 Noodle Games

Week 13 & 14 Basketball skills

Week 15 & 16 Relay Games

Week 17 & 18 Scooter Activities